



# **What the Most Successful People Do Before Breakfast: And Two Other Short Guides to Achieving More At Work and At Home (Chinese Edition)**

*Laura Vanderkam*

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What the Most Successful People Do Before Breakfast:And Two Other Short Guides to Achieving More At Work and At Home contains 3 parts.In the first part, the author represents how the top successful people utilizes his morning especially time before breakfast. In the second and third parts the author casts his light on how they plan and schedule on day off and working day. You can fulfill the time at home and at work, making it more highly-efficient and enriched.

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