



Coaching the Spin Offense

Tom Lewis

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Coaching the Spin Offense provides an overview of football's spin offense. Featuring the four basic spin series from an unbalanced single wing formation, the spin offense is deceptive. Because most of the ballhandling is done in a mesh, the handoffs are hidden, making it difficult for the defense to determine who has the ball. This book gives coaches the information they need to incorporate and execute the spin into their team's offense as a whole or partial package. Coaching the Spin Offense is an exceptional resource for coaches on both sides of the ball who want to better understand this effective offensive system.

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