



Bliss Happens: The Six Week Plan to a Happier, Prettier, Thinner and Richer Life

Kym Douglas

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Bliss Happens will magically transform your grocery list into a beauty regimen, turn your home into an oasis on a shoestring budget, and help you discover easy solutions in the midst of everyday dilemmas. From Beauty Bliss to Mom Bliss, Man Bliss and Body Bliss, Kym Douglas will have your family, home, body, health and schedule working together in perfect harmony in just SIX WEEKS!

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