



# Organize for a Fresh Start: Embrace Your Next Chapter in Life

*Susan Fay West*

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## **Organize for a Fresh Start: Embrace Your Next Chapter in Life** Susan Fay West

TRANSFORM YOUR HOME AND SCHEDULE so they perfectly meet your current needs and reflect who you are and what you value now. Changes and life transitions often leave people with unbalanced schedules and homes full of obsolete items. Certified Professional Organizer(R) Susan Fay West shows you how to make room for your new interests and responsibilities while honoring your past. Inside you'll find:\* Step-by-step advice for decluttering and reorganizing every room in the home\* Specific tips for where to start and how to stay motivated\* Reflective questions and exercises to help you make "no-regrets" decisions\* Time-management strategies to create and maintain a regular schedule

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