



How to Care for Aging Parents

Virginia Morris

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How to Care for Aging Parents Virginia Morris

The best and bestselling book of its kind. Originally published in 1995, *How To Care For Aging Parents*, won a Books for a Better Life Award, and was praised as "an indispensable book" (AARP) and "a compassionate guide of encyclopaedic proportion" (The Washington Post). It also catapulted its author, Virginia Morris, to national prominence as a recognized eldercare authority on Oprah, Good Morning America, CNN, CBS, and other media. Nine years later, and the need for the book is mushrooming. Virginia Morris responds with a completely revised, up-to-date new edition. Expanded from 450 to over 650 pages, it covers all the emotional, legal, financial, medical, and logistical issues in caring for the elderly. There are new sections on expanded housing options, alternative therapies, balancing career and care giving, and dealing with difficult parents. It covers the biggest change in care giving - the newfound independence of seniors and benefits of healthy aging-and the reverse: Three chapters are dedicated to caring for parents with Alzheimers.

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