



Soul Sisters: The Five Sacred Qualities of a Woman's Soul

Pythia Peay

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A unique workbook to help women cultivate their full potential through the lives and lessons of the heroines of world spiritual traditions.

Filled with exercises, anecdotes, quotes, and inspiration, Pythia Peay's *Soul Sisters* is designed to help women foster the traits that can be found in the great spiritual traditions of the world, and that are most needed in contemporary life. Each chapter shows how to cultivate the five "divine qualities": Courage, Faith, Beauty, Love, and Magic.

Soul Sisters offers an abundance of examples of different female figures from the spiritual past and present who have embodied these characteristics in a distinctly feminine way. Through the road they have walked, readers can learn to discover their own individual heart-path to these strengths.

Both an immensely practical workbook and an education in spiritual ideas, **Soul Sisters** is a companion for a lifetime.

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