



Plague Time: The New Germ Theory of Disease

Paul Ewald

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According to conventional wisdom, our genes and lifestyles are the most important causes of the most deadly ailments of our time. Conventional wisdom may be wrong. In this controversial book, the eminent biologist Paul W. Ewald offers some startling arguments:

- Germs appear to be at the root of heart disease, Alzheimer's, schizophrenia, many forms of cancer, and other chronic diseases.
- The greatest threats to our health come not from sensational killers such as Ebola, West Nile virus, and super-virulent strains of influenza, but from agents that are already here causing long-term infections, which eventually lead to debilitation and death.
- The medical establishment has largely ignored the evidence that implicates these germs, to the detriment of our public health.
- New evolutionary theories are available, which explain how germs function and offer opportunities for controlling these modern plagues — if we are willing to listen to them.

Plague Time is an eye-opening exploration of the revolutionary new understanding of disease that may set the course of medical research for the twenty-first century.

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