



# Rejuvenation and Unveiled Hidden Phenix: Carlos Castaneda Shamanism Plus a after His Death

*Hiroyuki Nishigaki*

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## **Rejuvenation and Unveiled Hidden Phenix: Carlos Castaneda Shamanism Plus a after His Death**

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Mr. Carlos Castaneda accomplished the feat to introduce the ancient Inca-Shamanism (how to beckon the spirit, how to bring up supernatural power or our immaterial fibers or third attention called a phenix in Egypt within our bodies, how to become healthy-happy-efficient, and how to fuse with the universe without losing consciousness and live there for 2 billion years? as a phenix) by his 12 best seller books. He sent another new bible to the world. Reviewing his books, I think the following points are essential for us to attain the goal of Inca-Shamanism. They are stopping your breath automatically, sleeping without losing consciousness, circulating your energy in your physical body, cleaning up your central energy pipe, making the beautiful strong energetic core of abdomen, flexible and firm abdomen, good spine, the secret of physiognomy, good complexion, rejuvenation, fasting, influence of other people and of devils, cutting the pipe of floating devil above your head, good relationship with opposite sex, dependable self-importance, good repentance, imagining powerful men such as Christ and absorbing the power of various voices and of various flights. So, I have added them.

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