



Monsters Under the Bed and Other Childhood Fears: Helping Your Child Overcome Anxieties, Fears, and Phobias

Stephen W. Garber Ph.D., Robyn Freedman Spizman, Marianne Daniels Garber

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A step-by-step manual designed to help parents cope with children's fears; this book discusses common fears, how to respond to childhood anxieties, and other ways to deal with frightened children.

From the Hardcover edition.

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