



The 17 Day Diet Cookbook: 80 All New Recipes for Healthy Weight Loss by Moreno, Dr. Mike (1st (first) Edition) [Hardcover(2012)]

By (author) Dr Mike Moreno By (author) Mike Moreno

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"The 17 Day Diet offers a lifetime plan for shedding pounds fast in a safe and lasting way with a diverse list of foods recommended in every phase and healthy recipes that will help readers lose weight fast, and keep it off."--Provided by publisher.

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