

## Holistic Nursing: A Handbook For Practice (Dossey, Holistic Nursing)

Barbara Montgomery Dossey, Lynn Keegan

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Holistic Nursing: A Handbook for Practice guides nurses in the art and science of holistic nursing and offers ways of thinking, practicing, and responding to bring healing to the forefront of health care. Using selfassessments, relaxation, imagery nutrition, and exercise, it presents expanded strategies for enhancing psychophysiology. The Fifth Edition has been completely revised and updated with new chapters, including one on evidence-based practice.



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