



# **Beyond the Broken Heart: Daily Devotions for Your Grief Journey**

*Julie Yarbrough*

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Daily Devotions for Your Grief Journey provides comforting and encouraging devotions for the first year of the grief journey. Each month begins with a short personal reflection by the author related to the month's theme, followed by a Preparation Scripture and meditation that set the stage for the next four weeks. Each brief daily meditation includes Scripture, a thought to consider, a prayer, and words of assurance. Space is provided at the end of each month for recording the inmost thoughts and feelings along the journey of grief.

Daily Devotions for Your Grief Journey can be used as a stand-alone devotional or part of the eight-week support and ministry program, *Beyond the Broken Heart*. In this program, author Julie Yarbrough chronicles her personal experience combined with a deep love of Scripture and years of leading grief support groups to create an authentic and deeply personal exploration of the grief journey.

"Julie Yarbrough has walked through the valley of the shadow of death and experienced the pain and anguish of great grief, and she knows firsthand the comfort and strength that only God can provide. I commend this remarkable grief ministry program to you highly."

James W. Moore, Pastor in Residence, Highland Park United Methodist Church, Dallas, Texas

"With wisdom informed by her own experience and a warm regard for those who grieve, Julie Yarbrough guides the brokenhearted on an honest journey toward acceptance and hope. A refreshingly excellent resource for grief support."

Stephan Bauman, Senior Minister, Christ Church New York City

"Julie Yarbrough weaves understanding, care, and comfort together in such a way that the seemingly intolerable becomes tolerable, one breath at a time. This resource provides everything you need to promote, establish, and conduct grief groups throughout the year."

Judith Bone, Director of Adult Discipleship, Brentwood United Methodist Church, Nashville, Tennessee

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