



# **The Temples of Light: An Initiatory Journey into the Heart Teachings of the Egyptian Mystery Schools**

*Danielle Rama Hoffman*

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## **The Temples of Light: An Initiatory Journey into the Heart Teachings of the Egyptian Mystery Schools** Danielle Rama Hoffman

A guide to the open-heart wisdom and secret rites of passage of thirteen sacred temples in Egypt

- Provides information on how to thrive as we move from the Piscean to the Aquarian age
- Offers guided meditations and rituals that connect to the ancient power of the Flower of Life, the Djed Pillar, the Ka, the energy body, and more
- Includes a 50-minute CD of a guided journey of the Sphinx

*The Temples of Light* guides the reader, as the initiate, on a spiritual journey through thirteen of Egypt's sacred temples--a journey into the sanctuary of the open heart. Each sacred site is a portal to ancient wisdom that can assist the modern-day pilgrim with everyday life issues and struggles--love, purpose, money, and health--and the deeper questions of enlightenment and our divine origin.

Danielle Rama Hoffman opens up sacred rites of passage that historically have been kept secret to forge a relationship with the temples of Egypt as allies and spirit guides. For example, the temple of Sakkara is associated with abundance; the temple of Abydos with remembering. The initiations in this book awaken intuition and the Sahu--the fully realized self--allowing connections to the power, magic, and wisdom of such sacred symbols as the Flower of Life, the Djed Pillar (the backbone of Osiris), the Ka, and the energy body. Hoffman's guided meditations, rituals, and exercises also raise the reader's vibration level, as we move from the Piscean to the Aquarian age. Embodying the wisdom of the open heart of these temples imparts a shift in consciousness from fear to bliss, from powerlessness to empowerment, opening the body, mind, and spirit to the infinite possibilities within. The book also includes a 50-minute CD of a guided journey of the Sphinx.

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