



Person-Centred Therapy Today: New Frontiers in Theory and Practice

Dave Mearns, Brian Thorne

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'This is a book that is rooted in the origins of person-centred therapy but stands at the cutting edge of new ideas developing in this tradition. It will reinvigorate those of us already immersed in this tradition. It should convince newcomers of the vitality and potential of this approach to therapy' - **Tim Bond, University of Bristol**

'This book is clearly a labour of love by two authors with unique abilities and unparalleled experience: readers will be educated, inspired and encouraged in their own dialogue with the person-centred approach' - **Charles J O'Leary, Denver, Colorado**

'Mearns and Thorne have done Rogers proud in suggesting how person-centred theory and practice can, without losing its essence, evolve in new directions' - **Richard Nelson-Jones, Director of the Humanistic Cognitive Institute, Chiang Mai**

Person-Centred Therapy Today represents a significant contribution to the development of the person-centred approach. It will be read by teachers and students of counselling and psychology who wish to keep their knowledge of the approach fully up to date and by all who consider themselves to be person-centred in their approach to helping clients.

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