

## New Life After Divorce Workbook: The Promise of Hope Beyond the Pain (Workbook)

Bill Butterworth



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### New Life After Divorce Workbook: The Promise of Hope Beyond the Pain (Workbook) Bill Butterworth The Marriage Has Ended...the Rest of Life Begins A Comprehensive Workbook To Help Get You Started

In his book, *New Life After Divorce*, Bill Butterworth writes: "When life doesn't turn out the way we planned, there is a danger we will give up the hope that life will ever be pleasant again. All of us have had those feelings at some point along our life's journey. But it doesn't have to be that way. Good news is on the way!"

In spite of how you feel or the challenging circumstances you face now, the truth for every divorce survivor is that with God's help and your desire and effort, better days are ahead.

In this comprehensive workbook, you will find both reflective content and practical insight to guide your healing and find restoration. Ideal for individual and group study, this eight-session workbook covers these topics and more:

Grieving the loss–and moving on
Drawing on God's grace and power
Avoiding stagnation and embracing change
Connecting with friends for support and accountability
Knowing where to find wisdom and counsel
Forgiving your "ex"–and yourself
Parenting with effectiveness and grace
Knowing when, how, and who to date
Holding on to hope

Whether you are recently divorced, have a friend who is newly single again, or face an opportunity to counsel someone whose marriage is ending, the *New Life after Divorce Workbook* provides the tools needed to build new dreams from the rubble of a devastating experience.

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