



I Don't Want to Go to Kindergarten ... I'll Miss You Toooo Much!

Maureen King

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Learn to empower kids of all ages with a simple, life changing skill. Don't let the title fool you. "Powering-Up" helps us deal with challenging situations including being bullied, starting kindergarten OR college, and more. The jaw-dropping activity in the book provides proof that our body instantly changes based on our thoughts. Following the story, the "Notes for the Reader" section focuses more on the super power and how to reinforce it. Access to free online videos and writing activities are included. Maureen King, school counselor and former K-12 teacher, wants everyone to learn a powerful skill she regularly shares with students and adults. This simple tool literally changes the chemicals in our brain. "Powering -Up" reduces the impact of bullying or other stressors. It helps us learn, increases memory, strengthens the immune system, makes us smile, and more! Being a kid can be tough! Why wait for a child to act out before empowering him? Unaddressed fear, frustration, and other emotions can manifest as aggression, self-injury, failing grades, etc. Split between schools, King was only able to work with a small percentage of the at-risk middle school students who were in crisis before they were on the intervention radar. She successfully taught them to access real super powers and wanted to help more families. She wished she had known these strategies when her kids were young. King saw that skills taught to adolescents and adults can (and should!) be taught to all children and their families through story. This was the foundation for "Mrs. King's Toolbox Series" designed to reduce stress and improve overall mental health. When King shared this book with 8th grade classes, the teacher suggested that the title could have been, "I Don't Want to Go to High School" since the emotions felt by 14 year olds are often the same as those felt by preschoolers. The students agreed. Empower your child now. Share this book and the reinforcement activities.

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From reader reviews:

Jodi Harper:

Information is provisions for those to get better life, information currently can get by anyone in everywhere. The information can be a information or any news even a huge concern. What people must be consider when those information which is inside former life are hard to be find than now is taking seriously which one would work to believe or which one typically the resource are convinced. If you obtain the unstable resource then you understand it as your main information you will see huge disadvantage for you. All of those possibilities will not happen with you if you take I Don't Want to Go to Kindergarten ... I'll Miss You Toooo Much! as your daily resource information.

Penny Laughlin:

The book I Don't Want to Go to Kindergarten ... I'll Miss You Toooo Much! has a lot of information on it. So when you make sure to read this book you can get a lot of profit. The book was written by the very famous author. The author makes some research just before write this book. This particular book very easy to read you can obtain the point easily after perusing this book.

Robert Lyman:

Playing with family within a park, coming to see the marine world or hanging out with close friends is thing that usually you could have done when you have spare time, in that case why you don't try matter that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love I Don't Want to Go to Kindergarten ... I'll Miss You Toooo Much!, it is possible to enjoy both. It is excellent combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout men. What? Still don't understand it, oh come on its called reading friends.

Jennifer Jackson:

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