



# **Dreaming the Soul Back Home: Shamanic Dreaming for Healing and Becoming Whole**

*Robert Moss*

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# Dreaming the Soul Back Home: Shamanic Dreaming for Healing and Becoming Whole

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**Dreaming the Soul Back Home: Shamanic Dreaming for Healing and Becoming Whole** Robert Moss  
In this extraordinary book, shamanic dream teacher Robert Moss shows us how to become shamans of our own souls and healers of our own lives.

The greatest contribution of the ancient shamans to modern healing is the understanding that in the course of any life we are liable to suffer *soul loss* — the loss of parts of our vital energy and identity — and that to be whole and well, we must find the means of soul recovery. Moss teaches that our dreams give us maps we can use to find and bring home our lost or stolen soul parts. He shows how to recover animal spirits and ride the windhorse of spirit to places of healing and adventure in the larger reality. We discover how to heal ancestral wounds and open the way for *cultural* soul recovery.

You'll learn how to enter past lives, future lives, and the life experiences of parallel selves and bring back lessons and gifts. "It's not just about keeping soul in the body," Moss writes. "It's about *growing* soul, becoming more than we ever were before." With fierce joy, he incites us to take the creator's leap and bring something new into our world.

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