



Baby 411: Clear Answers & Smart Advice for Your Baby's First Year (Baby 411: Clear Answers and Smart Advice for Your Baby's First Year)

Denise Fields, Ari Brown

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Finally a parenting book that separates fact from fiction. What if you could bottle the wisdom of all those parents who've come before you...and combine it with the solid medical advice from an award-winning pediatrician? *Baby 411* is the answer. Think of it as the ultimate FAQ for new parents.

Baby 411 is back with a brand new fourth edition, updated and expanded to include the latest on baby's first year. Here's what's new:

Organic baby--organic foods, BPA controversy, phthalates, melamine. We give you clear advice on avoiding enviro hazards. Vitamin D. What nutrients does your baby really need? What are the official recommendations on vitamin supplements? Expanded tips and advice on breastfeeding--and how to troubleshoot common problems. The latest research on sleep, ratings of the "sleep gurus" and more! Early signs of autism--detecting a problem before your baby's first birthday. The most up-to-date research on autism. Are those educational videos good for your baby? How to protect your baby from obesity. And, of course, the latest controversies swirling around vaccines, with the most recent scientific studies.

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