



How Stella Got Her Groove Back

Terry McMillan

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Stella Payne is forty-two, divorced, a high-powered investment analyst, mother of eleven-year-old Quincy, and she does it all. In fact, if she doesn't do it, it doesn't get done, from Little League carpool duty to analyzing portfolios to folding the laundry and bringing home the bacon. She does it all well, too, if her chic house, personal trainer, BMW, and her loving son are any indication. So what if there's been no one to share her bed with lately, let alone rock her world? Stella doesn't mind it too much; she probably wouldn't have the energy for love, and all of love's nasty fallout, anyway. But when Stella takes a spur-of-the-moment vacation to Jamaica, her world gets rocked to the core, not just by the relaxing effects of the sun and sea and an island full of attractive men, but by one man in particular. He's tall, lean, soft-spoken, Jamaican, smells of citrus and the ocean, and is half her age. The tropics have cast their spell and Stella soon realizes she has come to a cataclysmic juncture: not only must she confront her hopes and fears about love, she must question all of her expectations, passions, and ideas about life and the way she has lived it.

Told in Stella's own exuberant, dead-on, dead honest voice, *How Stella Got Her Groove Back* is full of Terry McMillan's signature humor, heart, and insight. More than a love story, it is ultimately a novel about how a woman saves her own life, and what she must risk to do it.

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Reading can called head hangout, why? Because when you find yourself reading a book particularly book entitled How Stella Got Her Groove Back your head will drift away trough every dimension, wandering in most aspect that maybe unidentified for but surely can be your mind friends. Imaging every single word written in a book then become one type conclusion and explanation in which maybe you never get previous to. The How Stella Got Her Groove Back giving you another experience more than blown away your thoughts but also giving you useful info for your better life in this era. So now let us demonstrate the relaxing pattern this is your body and mind is going to be pleased when you are finished studying it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

Ray Ellis:

How Stella Got Her Groove Back can be one of your beginning books that are good idea. Many of us recommend that straight away because this book has good vocabulary that may increase your knowledge in words, easy to understand, bit entertaining but nevertheless delivering the information. The article author giving his/her effort to put every word into enjoyment arrangement in writing How Stella Got Her Groove Back nevertheless doesn't forget the main level, giving the reader the hottest and based confirm resource facts that maybe you can be one of it. This great information can certainly drawn you into new stage of crucial thinking.

Peggy Nunes:

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